2003 Health and Preventive Practices Status Report

from Missouri County-level Study



per County	County Prevalence (%)*	Southwest Region Prevalence (%)*	State Prevalence (%)*
General			
Health Status (Fair or Poor)	21.0	18.8	16.9
No Health Coverage	17.7	17.4 H	12.3
Behavioral Risk Factors			
Physical Inactivity	25.0	24.3	23.0
Current Smoker	31.6	26.8	26.5
Overweight (BMI 25-29.9)	35.5	35.6	35.3
Obese (BMI ≥ 30)	26.6	23.4	23.4
Disease and Conditions			
High Blood Pressure	29.0	27.9	28.5
High Cholesterol (35 years or older)	42.1	37.2	37.3
Asthma	12.7	11.6	10.7
Diabetes	6.7	6.4	7.2
Activity Limitation	16.7	18.0	17.8
✓ancer Screening ✓omen			
Never had a Mammogram	15.3	17.9	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	40.2	52.3	49.4
50-64 years of age	22.0	43.3	35.9
65 and older	57.6	51.3	47.4
Never had a Pap Test:	2.5	4.5	F 1
18-69 years of age	2.5	4.5	5.1
70 and older No Pap Test in Last Year (18-29)	10.1	8.6	6.4
No Pap Test in Last 3 Years (30-69)	7.5	28.1	25.8
Men and Women 50 Years or Older	7.5	13.0	13.0
Blood Stool Test:			
Never had a Blood Stool Test	46.0	51.4	57.0
No Blood Stool Test in Last Year	65.2 L	74.2	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	58.4	53.4	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	69.1 H	63.3 H	57.0

*Prevalence rates are age adjusted to the 2000 U.S. standard population

- indicates that the prevalence rate is not significantly above or below state prevalence
- indicates that the prevalence rate is significantly above the state prevalence
- indicates that the prevalence rate is significantly below the state prevalence